



Mg-Zyme™ (Magnesium)

Each tablet supplies:

Magnesium (as magnesium aspartate, 100 mg
gluconate, and magnesium glycinate)

RECOMMENDATION: One (1) tablet each day as a dietary supplement or as
otherwise directed by a healthcare professional.

Contains: 100 Tablets
Product #: 1707
NDC: 55146-01707

Mg-Zyme - source of supplemental magnesium, supplied as mixed mineral chelates. Adequate magnesium intake is of utmost importance, as it is critical to most ATP-dependent reactions. Magnesium is important for musculoskeletal health, proper cardiac and immune function, and the maintenance of healthy blood sugar levels. Dietary intakes below recommended levels are common.