

## 7-Keto® DHEA Metabolite

100 mg, 60 capsules

7-Keto DHEA, a natural metabolite of DHEA, has been shown to safely increase thermogenesis and improving fat loss benefits of diet and exercise three-fold.<sup>59</sup> Antioxidants are added based on the effect 7-Keto has in boosting mitochondrial oxidation.

Supplements are to be taken in conjunction with a healthy diet and exercise program. Results may vary.

### References

### Supplement Facts

Serving Size 1 capsule

Servings Per Container 60

| Amount Per Serving  |        |
|---|--------|
| Vitamin C (as ascorbyl palmitate)   | 11 mg  |
| Vitamin E (as D-alpha tocopheryl succinate)   | 25 IU  |
| 7-Keto® DHEA (3-Acetyl-7-oxo-dehydroepiandrosterone)  | 100 mg |
| Ascorbyl palmitate  | 25 mg  |
| Turmeric (root) extract ( <i>Curcuma longa</i> )<br>[standardized to 95% total curcuminoids (23.7 mg)]                        | 25 mg  |
| Green tea extract, decaffeinated ( <i>Camellia sinensis</i> )<br>(leaf) [std. to minimum 90% polyphenols (22.5)]              | 25 mg  |
| Whole grape extract ( <i>Vitis vinifera</i> ) and <i>Polygonum cuspidatum</i> (root) extract [std. to 35% Resveratrol (1 mg)] | 3 mg   |

Other ingredients: rice flour, gelatin, magnesium stearate.

Contains soybeans. Contains rice. This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab, shrimp), tree nuts, wheat, yeast, gluten, or corn. Contains NO sugar, and no artificial sweeteners, flavors, colors, or preservatives.

7-Keto® is a registered trademark of Humanetics Corporation.

### Dosage and Use

- Take one capsule upon waking and one capsule before midday meal, preferably on an empty stomach, or as recommended by a healthcare practitioner.

### Caution

Studies suggests that 7-Keto® does not convert to testosterone or estradiol, as can DHEA. However, no research to date has evaluated 7-Keto's® effect on hormonally dependent conditions such as prostate cancer.

### Warnings

- Keep out of reach of children.
- Do not exceed recommended dose.
- Do not purchase if outer seal is broken or damaged.
- If you have a bad reaction to product discontinue use immediately.
- When using nutritional supplements, please inform your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.