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ControlBar® Appetite Management

Helps control hunger by stabilizing blood sugar for up to 9 hours!

ControlBar Nutrition Information

The ingredients in ControlBar® were selected to accomplish one major objective: to help control hunger by preventing blood sugar swings – a key trigger of appetite – for up to 9 hours.

	Chocolate Delight	%DV*	Peanut Delight	%DV*
Serving Size	1 Bar		1 Bar	
Calories	150		150	
Total Fat	3g	5%	3g	5%
Saturated Fat	1.5g	8%	0.5g	3%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	190mg	8%	200mg	8%
Potassium	100mg	3%	65mg	2%
Total Carbohydrate	21g	7%	21g	7%
Dietary Fiber	5g	20%	5g	20%
Sugars	0g		0g	
Sugar Alcohol	6g		6g	
Protein	11g	22%	11g	22%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Chocolate Delight: Soy protein isolate, maltitol syrup, uncooked cornstarch, unsweetened chocolate, calcium caseinate, glycerine, arabinogalactan (fiber), fructooligosaccharides (fiber), tapioca starch, natural and artificial flavor, soybean oil, cocoa, salt, calcium carbonate, soy lecithin, sucralose.

Peanut Delight: Soy protein isolate, maltitol syrup, uncooked cornstarch, peanuts, arabinogalactan (fiber), glycerine, calcium caseinate, fructooligosaccharides (fiber), partially defatted peanut flour, tapioca starch, rice flour, barley malt extract, soybean oil, natural flavor, salt, soy lecithin, sucralose.

The key to successful dieting is a satisfying meal plan supported by a between-meal snack that won't take patients off track, like ControlBar!

No other snack even comes close!