

GENTLE · NATURAL · EFFECTIVE  
*Chiropractic*  
**Microcurrent**

In the scientific research of Microcurrent, we have repeatedly seen that this bio-energetic current quickly raises the energy level of depleted muscles (by raising their ATP levels dramatically) and this is accompanied by a profound and lasting relaxation of tight muscles. This ability to quickly release tight muscles is the most common application for this therapy in my practice.

As a Chiropractor, I find that unless I first treat the tight muscles (which are attached to the bones of the spine) then adjustments to realign the spine are less effective and less long lasting. Also, with some patients, adjustments are unnecessary, since their problem resides entirely in the muscles, ligaments or sheets of ligaments called fascias.

In fact, our bodies are completely enveloped in a single continuous sheet of fascia - our own biological version of the internet - which links all of our trillion living cells. This is why you will see me treating points, which are sometimes distant from where you hurt.

Give it a try, you'll like the result.  
**Dr. Wade Guthrie**

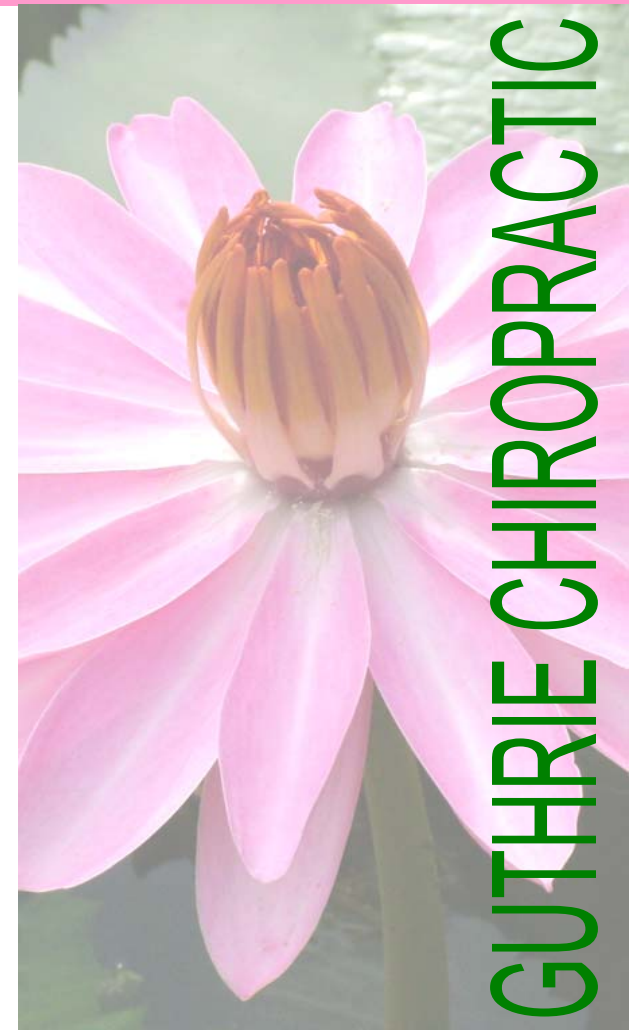
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Office Hours  
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8:00am - 7:00pm

Massage available evenings and weekends too.



Thank you for sharing  
our brochure with others.

## **What is microcurrent?**

Microcurrent is a bio-energetic current; meaning it is a wave form, which stimulates the natural currents of your body. This is like jump starting your car battery after leaving your lights on. Once the muscles are fully supplied with this regulating current (which flows normally in a healthy body) your muscles will perform as they should.

## **What does it feel like?**

What you will feel from this treatment ranges from something similar to a ballpoint pen being gently pressed against you, to a feeling similar to needle insertions in acupuncture, but there is NO puncture. The similarities to acupuncture don't stop there: One colleague of mine, an acupuncturist with over 20 years of experience, uses this technique in his practice regularly and says that the results are impressive!

## **Which conditions are helped by microcurrent?**

The incredible thing about microcurrent is that it is effective for so many conditions. In fact, with some of the conditions (like macular degeneration, which is the leading cause of blindness in the U.S.) there are virtually no other options for care that have been shown to promote healing like microcurrent does. It is also used often for common injuries like sprains, strains, bruises, surgical incisions, etc. Many believe (especially researchers in Japan) that microcurrent stimulation can re-balance the body's energy fields, so many applications are directed towards this end. Dr. Guthrie use's microcurrent therapy, in this way, to address chronic recurrent respiratory, abdominal, musculoskeletal, and hormonal diseases - to name only a few.

## **What else can microcurrents do?**

Our bodies are extremely adept at getting what we need. We get thirsty to remind us to drink for example.

There are also many "ports" in our bodies, which are low resistance points to the flows of electricity. Through these ports (often called acupuncture points) our bodies "drink" up electrical current from our environment.

These electrical currents power our healing response and no other electrical wave form has been shown to promote healing better than microcurrent!



**HELPING YOU MAINTAIN A HEALTHY AND ACTIVE LIFESTYLE.**  
**GUTHRIE CHIROPRACTIC**